## Unit-10

**DRUG ADDICTION**

### Words Meaning (Translation)

<table>
<thead>
<tr>
<th>Words</th>
<th>Synonyms</th>
<th>میناں</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anguish</td>
<td>Suffering</td>
<td>نیم</td>
</tr>
<tr>
<td>Metabolic</td>
<td>chemical processes in body</td>
<td>منیوگریف</td>
</tr>
<tr>
<td>Taboo</td>
<td>Forbidden</td>
<td>کونا</td>
</tr>
<tr>
<td>Curative</td>
<td>Healing</td>
<td>شناہنی</td>
</tr>
<tr>
<td>Rehabilitation</td>
<td>Therapy, treatment</td>
<td>ڈینجا کے بعد</td>
</tr>
<tr>
<td>Relapse</td>
<td>Go back to</td>
<td>نئے</td>
</tr>
<tr>
<td>Harmful</td>
<td>Damaging</td>
<td>تنشیناں و</td>
</tr>
<tr>
<td>Tendency</td>
<td>Propensity</td>
<td>رنگا</td>
</tr>
<tr>
<td>Anguish</td>
<td>Suffering</td>
<td>نیم</td>
</tr>
<tr>
<td>Permanent</td>
<td>Lasting</td>
<td>مسکن</td>
</tr>
<tr>
<td>Marijuana</td>
<td>Marijuana</td>
<td>میگاک</td>
</tr>
<tr>
<td>Tobacco</td>
<td>Tobacco</td>
<td>تیبوک</td>
</tr>
<tr>
<td>Environmental</td>
<td>Ecological</td>
<td>انورنیا</td>
</tr>
<tr>
<td>Addicted</td>
<td>Enthusiastic</td>
<td>ماؤ ماؤ</td>
</tr>
</tbody>
</table>
| Eliminate      | get rid of                              | نزوریا
1. Drug addiction is a common problem all over the world today. There are many forms of drug addiction, but the most dangerous of all is the absolute dependence on it. Long-term use of drugs causes permanent mental and physical sickness. The more dangerous a substance is used the more risky it becomes. Its continuous use causes total dependence on the drug. Some kinds of drugs that cause disturbance of mind and body are heroin, marijuana, tobacco, valium, cocaine, and alcohol.

2. Drug addiction is caused by environmental factors. A few important environmental factors that may cause drug addiction are bad peer influence and troubled domestic background. When young people remain in bad company and do experiments in the name of adventure, they might fall a prey to addiction. The people who are dissatisfied and discontented with their lives may also resort to drug addiction in order to seek an escape from responsibilities of life.

3. The most important measure to be taken in this regard is the rehabilitation and recovery of the drug addict. In many countries including Pakistan, abusers, their families and friends consider it a taboo to talk about their problem with others. They feel embarrassed to talk about it for fear of being declared an outcast. This not only makes the cure difficult but in most cases the addicts die due to lack of in time treatment and counseling.

4. Rehabilitation centers are the best places for the control and recovery process. These centers look after them. Complete medical support and guidance is provided to these people in these centers. Drug abusers, therefore, must be taken
to proper and certified rehabilitation centers where proper treatment and cure is available for them. However, this involves rapid identification of the problem of drug addiction and total cooperation of the sufferers with the team of these centers.

5. The other factor that contributes in rehabilitation of the drug victim is proper counseling. The sooner it is done the better it is for the victim. The counseling process must continue even after the drug abuser is rehabilitated because of the dangers of a relapse. Doctors, family, and friends must continue to critically watch and counsel the victim for better motivation and adjustment.

6. Drug addiction is really a very serious threat for any society. In Pakistan alone there are almost five million drug addicts. Addicts undergo numerous economic, social, and health problems. The governments all over the world have been trying to eliminate drug addiction from society but still more efforts are needed to completely wipe it out. This can only be made possible if the people become increasingly aware of the threats that drugs pose. They vow firmly to live a healthy and meaningful life.

Unit Related Question Answers

1. Are drug addicts aware of the dangers of drugs?
   Ans. Yes drug addicts are aware of the mental and physical anguish caused by drugs.

2. Which environmental factors are responsible for drug addiction?
   Ans. Environmental factors:
Environmental factors such as home conditions, psychological issues of the person, and the social circle in which the person lives

3. What treatment is available at rehabilitation centers for drug victims?
   Ans. Rehabilitation centers strictly supervise the victims. Complete medical support and guidance is provided to these people in these centers.

4. What do you understand by the term "counselling"?
   Ans. Counselling is a professional advice about a problem. Counselling is a process in which two people meet to explore personal problems and to identify solutions.

For The Teacher:

- Conduct pre-reading activity to arouse students' interest in the topic.
- Make them predict from the title and illustrations about the contents of the text.

For The Teacher:

- While-reading activity may be conducted to interact with the text. More while-reading questions may be asked.

For The Teacher:

- Tell students that Cognates are the words that are the same or nearly the same in pronunciation, meaning and sometimes in spelling in two different languages, e.g., bus, pen, mobile, etc.

Theme:

The theme revolves around harmful effects of drug addiction. It also refers to the importance of rehabilitation centers in treating drug addicts. It highlights the vital role that counseling plays in making people live a healthy life.

Glossary:

<table>
<thead>
<tr>
<th>Absolute</th>
<th>complete</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influence</td>
<td>have effect upon</td>
</tr>
<tr>
<td>Taboo</td>
<td>forbidden</td>
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Oral Activity:

Drug addiction is a growing problem in Pakistan. Every year many young people fall victim to this life threatening problem.
a. Make groups and chalk out a prevention plan against drug addiction. Prepare a class presentation on prevention plan.

b. Discuss in class how can awareness be raised among people about the rehabilitation centers and its benefits.

Ans. Rehabilitation centers are the best places for the control and recovery process. These centers strictly supervise the victims. Complete medical support and guidance is provided to these people in these centers. Drug abusers, therefore, must be taken to proper and certified rehabilitation centers where proper treatment and cure is available for them. However, this involves rapid identification of the problem of drug addiction and total cooperation of the sufferers with the team of these centers.

For The Teacher:

- Explain student the harmful effects of drug addiction, how can it damage human health and life.

Make students aware of their civic responsibility to tackle and rehabilitate the addict.

Comprehension:

A. Answer the following questions.

1. What are the effects of drug addiction?

Ans. Long-term use of drugs causes permanent mental and physical sickness. The more dangerous a substance is used the more risky it becomes. Its continuous use causes total dependence on the drug.

2. What are the causes of drug addiction?

Ans. Drug addiction and alcoholism are caused both by genetic and environmental factors.

Genetic factors:
The genetic factors explain that there are metabolic, structural, and neuro-chemical malfunctions in the brain that causes a person to become addicted to drugs.

Environmental factors:
Environmental factors such as home conditions, psychological issues of the person, and the social circle in which the person lives.

3. What important role do rehabilitation centers play to control drug addiction?

Ans. Rehabilitation centers play very important role to control drug addiction. These centers strictly supervise the victims. Complete medical support and guidance is provided to these people in these centers. Drug abusers, therefore, must be taken to proper and certified rehabilitation centers where proper treatment and cure is available for them.

4. What is the role of counseling in preventing drug addiction?

Ans. The factor that contributes in rehabilitation of the drug victim is proper counseling. The sooner it is done the better it is for the victim.
counseling process must continue even after the drug abuser is rehabilitated because of the dangers of a relapse.

5. Why do families feel reluctant to take the drug victims to drug rehabilitation centers?
Ans. Families feel reluctant to take the drug victims to rehabilitation centers for fear of being declared an outcast.

6. What are the responsibilities of the families to ensure complete recovery of such patients?
Ans. Doctors, family and friends must continue to critically watch and counsel the victim for better motivation and adjustment.

Vocabulary:

A. Guess the meaning of the following words from the text. Write the meaning in the middle column. Confirm the meaning by using a dictionary.

<table>
<thead>
<tr>
<th>No.</th>
<th>Words from text</th>
<th>Guessed meaning</th>
<th>Dictionary meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Countless</td>
<td>Myriad</td>
<td>innumerable</td>
</tr>
<tr>
<td>2</td>
<td>Malfunction</td>
<td>go wrong</td>
<td>break down</td>
</tr>
<tr>
<td>3</td>
<td>Peer</td>
<td>stare</td>
<td>gaze</td>
</tr>
<tr>
<td>4</td>
<td>Outcast</td>
<td>outsider</td>
<td>exile</td>
</tr>
<tr>
<td>5</td>
<td>Rapid</td>
<td>quick</td>
<td>fast</td>
</tr>
<tr>
<td>6</td>
<td>Rehabilitation</td>
<td>therapy</td>
<td>treatment</td>
</tr>
<tr>
<td>7</td>
<td>Counsel</td>
<td>guidance</td>
<td>advice</td>
</tr>
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</table>

Grammar:

Relative Pronoun
A relative pronoun joins ideas. It gives additional information about the subject or object e.g. who, which, that, whom, whose

Examples
The people who are dissatisfied and discontented with their lives may also resort to drug addiction.
The people who are addicted to drugs undergo many serious problems.

Adjective Clause
An Adjective Clause is a group of words which does the work of an Adjective. It usually begins with a relative pronoun such as who, whom, that, which, whose.

A. Use 'who, whom, that, which, whose' in the following sentences.
1. These are the colour pencils which I want to buy.
2. I know the woman whose child was hurt.
3. The old lady whom we met in the shop was Amina’s grandmother.
4. This is the girl who stood first in the class.
5. Shazia likes the candies that her father brought from the market.
6. Anwar whom no one listened to was right.

B. Use the following relative pronouns in sentences. who, which, that, whom, whose

<table>
<thead>
<tr>
<th>Words</th>
<th>Sentences</th>
</tr>
</thead>
<tbody>
<tr>
<td>Who</td>
<td>Who is knocking at the door?</td>
</tr>
<tr>
<td>Which</td>
<td>This is the computer which I want to buy.</td>
</tr>
<tr>
<td>That</td>
<td>He tells a tale that sound untrue.</td>
</tr>
<tr>
<td>Whom</td>
<td>He is the man whom we all respect.</td>
</tr>
<tr>
<td>Whose</td>
<td>I met that person whose son helped me.</td>
</tr>
</tbody>
</table>

C. Underline Adjective Clauses in the following sentences. Also encircle the relative pronouns.

Adjective Clauses:
1. He tells a tale that sounds untrue.
2. People who eat too much die early.
3. I met the woman whose son helped me.
4. He is the man whom we all respect.
5. I have work which I must do.

Relative pronouns:
1. He tells a tale that sounds untrue.
2. People who eat too much die early.
3. I met the woman whose son helped me.
4. He is the man whom we all respect.
5. I have work which I must do.

D. Supply suitable Adjective Clauses.

1. Where is the book that you bought yesterday?
2. Any student who comes late will be punished.
3. The umbrella that is lying on the table is mine.
4. That is the girl who got first position in the class.
5. Where is the man who I want to see.

Pick out three passive sentences from the lesson. Change these sentences into active voice.

Passive sentences:

i. Drug addiction and alcoholism are caused both by genetic and environmental factors.

ii. These factors can be supplemented by the environmental factors.

iii. Complete medical support and guidance is provided to these people in these centers.

Active voice:

i. Both genetic and environmental factors caused Drug addiction and alcoholism.

ii. Environmental factors can supplement these factors.

iii. Those centers provide complete medical support and guidance to these peoples.
Writing Skills:
A. Summarize the lesson "Drug Addiction" with the help of following mind map.

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  Cause/ Factor   \   Effects   \   Solution
    Cause/ Factor II
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Ans. The summary revolves around harmful effects of drug addiction. It also refers to the importance of rehabilitation centers in treating drug addicts. It highlights the vital role that counseling plays in making people live a healthy life.

Drugs are considered severely harmful for human health. Drug addiction and alcoholism are caused both by genetically and environmental factors. People who are dissatisfied and discontented with their lives may also resort to drug addiction in order to seek an escape from responsibilities of life. Use of drugs resulted in permanent mental and physical sickness. Drug addicts should be taken to rehabilitation centers where proper medical support and guidance are available. Proper counselling is also needed for such patients. Doctors, family, and friends must continue to critically watch and counsel the victim for better motivation and adjustment.

B. Write an essay on "Drug Abuse, a Threat to Society". (170 - 200 words)

Drug Abuse, a Threat to Society

Drug abuse is the type of problem that affects more than the person who is abusing the drug. It is a far-reaching issue that has stretched out to families around the country. This is a problem that cannot be ignored.

Drug Abuse is a great threat to any society. It is a great curse. It is very harmful for human health. Countless people die every year because of drug abuse. It is an international problem. People involved in this atrocious business are so strong that they have organized a group called, "Drug Mafia".

People in this category find themselves addicted to either illicit drugs or prescription medications. There are drugs in both categories that are highly addictive. Drug use is chronic or done on a regular basis which leads to the addiction. Side effects can cause lasting damage to the body of the abuser.

Our society suffers as many as 527,000 visits each year because of drug abuse. Families and businesses in Pakistan have been destroyed because of the abuse of drugs. This is one of the reasons that drug testing has become so critical in the hiring process. Understanding the threats of drugs is very important, in providing users with practical deterrents.

Causing physical harm to others

Alcohol is one of the most common drugs abused in the entire state of Pakistan. It is the drug of choice for most teens that are addicted. Drunk drivers are responsible for the physical harm and death of thousands every year. The threat that these drivers provide affects everyone that is on the road with them.

Damage to business reputation

...
Businesses that hire people who suffer from drug abuse often feel the effects. They, in some cases, experience damaged reputations as a result of these employees. In other cases, the damage may cause a reduction in profits for the business. Construction workers and food service workers are some of the top fields of drug abusers in the workplace.

Health concerns burden society
Drug abuse is responsible for many of the health concerns that users experience. Reports that cocaine is a serious problem in the state. It is responsible for the most emergency room visits, drug-related discharges, and mortality rates per 100,000 of the population. Medication costs for drug users tend to be 2 times that of a normal person. Drug abuse continues to make The War on Drugs relevant in this state. The ages of drug users is getting younger and younger.

For The Teacher:

- Help students first make a mind map to develop focus for their writing.